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# Presentation 4.
# FRIENDSHIP

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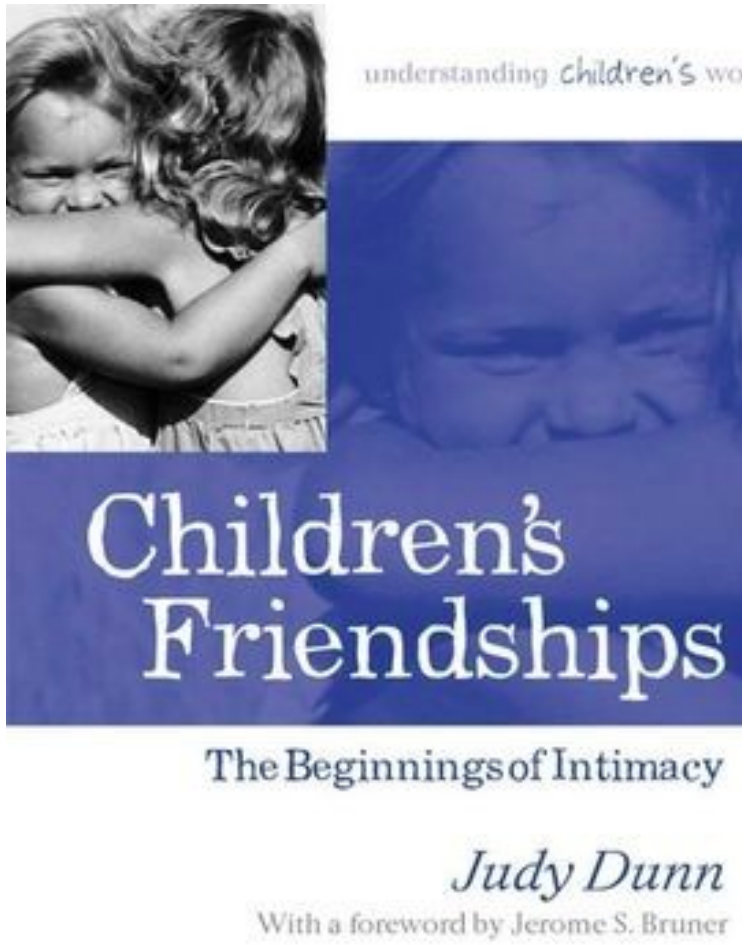
# Scientists investigate about Friendship




**Friendship protects from bullying**

Research with more than 533 10-year-olds showed that those who had a "best friend" had a lower risk of bullying.

"Even more crucial to protecting children was the quality of a true friendship that defends us from attack"

(Dunn, 86)

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# A Friend Is a Treasure and May Help You to Face Bullying

Authors
Raúl Navarro
Santiago Yubero
Elisa Larrañaga

Young Reviewers
Drachman Montessori K-8

Abstract

Bullying is an aggressive behavior among school-aged children. Bullying is repeated over time and includes behaviors such as hitting, breaking someone's things, name-calling, spreading rumors, or posting someone's private photos online. Researchers all over the world have found that children who are bullied may have serious health problems, including depression, anxiety, sadness, sleep and eating problems, and decreased performance in school. Psychological studies can help to prevent these serious problems, by analyzing which factors put a child at risk of being bullied. Using anonymous

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Bullying is an aggressive behavior among school-aged children. Bullying is repeated over time and includes behaviors such as hitting, breaking someone's things, name-calling, spreading rumors, or posting someone's private photos online. Researchers all over the world have found that children who are bullied may have serious health problems, including depression, anxiety, sadness, sleep and eating problems, and decreased performance in school. Psychological studies can help to prevent these serious problems, by analyzing which factors put a child at risk of being bullied. Using anonymous questionnaires, we asked children aged 10–12 years old to report if they were suffering some kind of bullying and how they felt about their relationships both in and out of school (for example, how easily they become friends with other children). We wondered if bullying could happen even in a circle of good friends. We can use the information learned in this study to promote prevention programs in schools, to advise children about how to deal with bullying.

https://kids.frontiersin.org/articles/10.3389/frym.2018.00014

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# Tarjetas de amistad

| | |
|---|---|
| If he messes with you, he likes you | Friends are always good to each other |
| Those who fight desire each other (after a violent situation) | We all have to be friends |
| He is your friend, give him a hug | If he hits you he is not your friend |
| Confidence | Jealousy |
| Tell the truth | Solidarity |

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# Friendship What do you think?

- From... "We are all friends"
- To.. "I am friend of those who treat me well"

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# Friendship

https://periodicoeducacion.info/2024/01/09/los-circulos-de-amistad-protegen-ante-el-bullying/

## Article Discussion.

1. The students read aloud the article related to true friendship.

2. Dialogue about the issues that appear in the article, related to the previous activity.

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